

# RAISING YOUR CHILD'S SELF-ESTEEM



**Is your child struggling with feelings of low self-worth?**

**DO THEY:**

- not recognise their strengths?
- compare themselves to others?
- lack self-confidence?

**Join us for advice on how to support your child.**



**Wednesday, 29 November 2023**



**4.30-6pm**



**Online via MS Teams**

**Scan the QR code to book or register your interest  
for future dates.**

**Or, email [MHST@brighterfuturesforchildren.org](mailto:MHST@brighterfuturesforchildren.org)**



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