Cranbury College

CRANBURY COLLEGE ADDITIONAL SUPPORT PACKAGES

www.cranburycollege.co.uk 0118 937 6847 cc-adminteam@maidenerleghtrust.org

WHO ARE WE?

Cranbury College is a Pupil Referral Unit Academy for young people in the Reading area. Our young people range from 5 - 16 years old. We support learners recovering from the trauma of permanent exclusion, those that unintentionally exclude themselves from education and children who cannot access school for medical reasons.

We are a multi-site organisation which includes our College Road Site – Cranbury College Primary and Cranbury Road Site – Cranbury College Secondary. We have an Outreach Behaviour Support Team, offer medical tuition and have a Hospital Teaching Service based at Royal Berkshire Hospital. We also offer bespoke support/training to teachers/staff in schools working with children struggling to engage. We offer a variety of support to children and young people in years 1 - 11, who are finding it difficult in their mainstream setting. We help pupils develop their self-esteem and confidence to regulate their own emotions, in order to cope more effectively with the challenges that mainstream schools can present for some.

"Your future starts here"

THE HOSPITAL TEACHING SERVICE

The Cranbury College Hospital Teaching Service is a small team of two teachers and two HLTAs who teach children admitted to Dolphin and Lion wards of the Royal Berkshire Hospital. Children who cannot attend school because of their medical needs have a legal right to a full-time education.

Children are offered 1:1 teaching from day one of their stay in hospital. Staff are trained to teach a wide range of subjects. The main focus of teaching is on literacy, numeracy and art. Staff are also trained to work with children of all abilities including those with complex special needs. The team are trained to support children with mental health needs including eating disorders. We work alongside parents and encourage their involvement in activities. Reading is a very important part of all our teaching; we are fortunate to be supported by Read For Good and Listening Books. Many children are given a new book to take home and audiobooks are used when children are unable to read due to medical conditions.

CRANBURY SITES

PRIMARY SITE

Cranbury College Primary is based on a residential road in east Reading. Our pupils are children who have been permanently excluded from their mainstream setting. Work is topic-based, with a new topic every half term. The emphasis is on a therapeutic approach to SEMH needs. We support children to self-regulate, and engage in learning, with a view to being placed in a permanent setting which is appropriate to their needs; be that a specialist setting or returning to mainstream. Engagement with parents/guardians is a vital part of our work.

We also sit on the Admissions Panel of the local SEMH school and also on the SEN panel at Brighter Futures for Children, when time allows.

Cranbury College also offer Outreach Support Packages for schools. Further information can be found in the Outreach section of this brochure.

SECONDARY SITE

The main secondary site is located near to town in west Reading.

Our children are with us primarily having received a permanent exclusion. We also offer a variety of outreach packages as well as regular behaviour clinics to support mainstream settings with their most vulnerable students.

We also offer bespoke internal support, as well as intervention workshops for schools. Requests can be made via the professionals tab on the website.

KS3/4 INTERVENTION WORKSHOPS

OUR AIM

Our aim is to offer the workshops to a small group of secondary students in the local area who would benefit from targeted intervention with our skilled team. We hope that from these workshops students are able to reflect, learn support strategies to improve their outcomes and build upon their skills to enable them to be successful in a main stream environment.

WORKSHOPS

The packages are offered to schools in a **six-week block** where each student will receive **two 45-minute sessions on a weekly basis**. In total, each student will receive 12 intervention sessions and return to school with an exit report and a work booklet record of their sessions.

The workshops will run between 2:00 and 3:30 and schools are responsible for arranging transport to and from our site.

There will be limited spaces available for each six week block of intervention sessions with a maximum of *4 students per package.*

RE-ENGAGEMENT WORKSHOP 1

Anger Management & School Expectations

Anger Management

- Anger log
- Anger rules
- Zones of regulation
- Understanding types of emotions
- Anger triggers
- Understanding their warning signs
- Impact of their anger
- Identifying safe ways of expressing anger
- Deep breathing
- Reflection

School Expectations

- What are rules? Why do we have rules?
- Unwritten rules
- Creating a rule
- Who makes the rules?
- Rules they agree/disagree with
- Home and school rules
- Consequences for breaking rules
- Developing classroom rules
- Code of conduct
- Classroom expectation and around the school
- Reflection

£300 PACKAGE

RE-ENGAGEMENT WORKSHOP 2

Healthy Relationships & Re-Engagement

Healthy Relationships

- Positive or negative relationships
- Relationship scenarios
- Future relationships
- Happy, healthy and safe relationships
- Social circles
- Conversation starters
- Building better communication skills
- Conflict
- Understanding respect
- Friendship qualities
- Understanding friendship warning signs
- Dilemma cards
- How to show respect situation cards
- Grooming
- Coercive control
- Self-identity
- Influences that affect them and their character or behaviour
- Negative self-identity
- Consent
- Prejudice and discrimination
- Abusive relationships
- Reflection

Re-Engagement

- What is anxiety?
- Worries
- Irrational thoughts
- Social anxiety
- Managing how they feel
- Breathing exercises
- Steps to avoid feeling overwhelmed
- Circles of support
- Identifying main stresses
- How they feel when they are anxious or stressed
- Self-reflection of a previous situation of anxiety or stress
- Self-regulation and self-soothing strategies
- Barriers and positives at school
- Identifying triggers
- Practical tips
- Reflection

£300 PACKAGE

RE-ENGAGEMENT WORKSHOP 3

Risk Taking & Conflict Management

Risk Taking

- Personal risk taking situations
- Peer pressure
- Ways to say 'no'
- Facts on caffeine, alcohol, drugs
- Positive and negative risks
- Illegal drugs
- Short term effects of alcohol consumption on the body
- Causes and effects of alcohol on the body
- Understanding units of alcohol
- Alcohol and the law
- Identifying types of drugs
- Classification of drugs
- Health risk of illegal drugs
- Effects and risks of drugs
- Why people might take drugs
- Solvent abuse stories
- Support networks
- Vaping and the risks
- Reflection

Conflict Management

- Causes and responses to conflict
- Conflict situations
- Respect and lack of respect
- Styles of conflict management
- Compromise and collaborate
- Stop, think then speak
- Scenarios, what would you do if?
- Reflection questions
- Managing conflict
- Resolving conflict
- Negotiation skills
- Reflection

£300 PACKAGE

Schools are asked to complete the referral form on the Cranbury College website under our professionals tab.

Places will be allocated on a first come first served basis and we ask schools not to refer more than one student per package in one term.

OUTREACH SUPPORT

PRIMARY OUTREACH

Cranbury Primary Behaviour Outreach service works with Reading mainstream primary schools and academies to support students with their Social, Emotional and Mental Health (SEMH) needs, which may compromise their learning and /or the learning of their peers.
We provide early, targeted support for children who do not currently have Education, Health and Care plans (EHCP).

Our aims

- Remove barriers to learning
- Empower schools and parents
- To reduce the number of students at risk of exclusion.
- To support schools to reduce suspensions.

Tier 1	Tier 2	Tier 3
Core Service Package	**Enhanced Package**	**Reset Package**

***'Cranbury Engaged'* is our bolt-on intervention offer which can be accessed within Tier 1 and 2 support for an individual student.**

It can also be accessed via referral, for a group of students.

CRANBURY ENGAGED

(Intervention offer to local schools)

Behaviour Outreach Support Officers can provide either 1:1 or small group interventions. This includes, but is not limited to:

- Draw and talk
- ELSA
- Lego Therapy
- Self-identity and self esteem
- Anger Management
- Social Skills

£60 PER HOUR

This package will be accessible from Spring 2024

OUTREACH SUPPORT

CORE PACKAGE

(Included in schools forum)

- Initial meeting with key stakeholders
- Observation of pupil in school and around peers
- Summary report with suggested strategies
- Report feedback and planning meeting
- Review meeting (check in)

ENHANCED PACKAGE

(Included in schools forum)

- Initial meeting with key stakeholders
- Observations/Assessment of student in class and around peers
- Report outlining next steps and strategies: if appropriate Anxiety Analysis and Therapeutic Tree completed
- OSW will work in the classroom/ with key adults to model and embed strategies
- Review meetings (Check-in)
- Attend TAC/F CIN/EP meetings within term of involvement

RESET PACKAGE

(Only accessible if engaged in Tier 2 level package
Not included in school's forum)

- In reach within Cranbury Primary Alternative Provision
- Students can attend either an AM or PM session
- Minimum of 6 weeks and maximum of 12 weeks
- Assessment and Intervention report
- Support students back into mainstream
- Mid way review with school and parents

£25
PER 45MIN

**This package will be accessible from Spring 2024*

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OUTREACH SUPPORT

PRIMARY REFERRAL PROCESS

Pre Referral

- Before a referral can be made to the Outreach Team, there must be evidence of the 'Early Prognosis Tool' completed.
- There must be evidence of Assess, Plan, Do Review.

Referral

- Complete the Referral.
- Submit the appropriate paperwork.

Support

- Once the referral has been received there will be a consultation meeting to identify the appropriate package.
- Enhanced package can only be accessed after engagement in the Reset package (tier 2).

COSTINGS

Cranbury Engaged and **Reset** will have a cost for schools and are not included in School's Forum.

Schools and academies, which do not contribute to School's Forum, are required to pay for Tier 1, 2 and 3, packages.

Pricing structure can be found at the back of this booklet.

OUTREACH SUPPORT

SECONDARY OUTREACH

This team consists of 2 members of staff who have extensive experience of working with young people and their families within both a mainstream and alternative education setting.

Members of the team have previously worked within a wide range of settings such as youth work, social care, family support, careers guidance and formal teaching. This previous experience enables the team to draw on a wide range of approaches and techniques so that schools who access our help can be effectively supported by an experienced member of the team. The Secondary Outreach service offers predominantly 1:1 support for students who are struggling with the demands of mainstream education.

Specialist Support

£75 PER HOUR

Detailed below are the most common reasons for referral.

- At risk of permanent exclusion.
- Difficulty in managing emotions.
- Support in managing reactions and self-regulation.
- Non-attendance/engagement with education.
- Support and guidance with Careers and composing post Yr11 'moving on' plans.
- Supporting students who struggle with the emotional demands of mainstream education.

For more information or to book support please complete the referral form on our website under our professionals tab or email our team at outreach@maidenerleghtrust.org.

1:1 Tutoring

We are aware that some young people find attending any setting difficult, whether it be on medical grounds, mental health, or other reasons. We offer the tutoring service, both face to face and virtually.

£75 PER HOUR

For more information or to book support please use our referral form on our website.

KS1 & 2 CURRICULUM

The curriculum at Cranbury College is broad, balanced and carefully constructed to underpin a learning environment that is relevant, ambitious, and accessible for all. Cranbury College delivers a high-quality curriculum with a range of pathways that suit the academic needs, as well as pastoral needs, of all pupils. Where appropriate, a range of Alternative Provisions are provided, based on the needs of the pupils within the College.

KEY STAGE 1 & 2 (EYFS)

Within the primary unit at Cranbury College, pupils are taught using an individualised and personalised timetable. Each term is topic-based, with cross-curricular learning at the heart of the primary setting.

Within KS1 & KS2, all students follow a core curriculum which consists of the following:

KEY STAGE 1 & 2 LESSON ALLOCATION:

Subject	Allocation
Reading	Daily
Maths	Daily
Science	Twice weekly
English	Daily
IT	Weekly
Sport	Twice weekly
Food	Weekly
Personal Development	Daily
Enrichment	At least one per half term, linked to learning
Humanities	Weekly

ACCESS TO, IF NEEDED:

AP/ Therapeutic Input

Alternative Provision

- Reading Football Club
- MERL Gardening
- Brickies (Lego construction)

Therapy

- Massage
- Music Therapy
- Equine Therapy
- Speech and Language Therapy

KS3 CURRICULUM

KEY STAGE 3

Within Key Stage 3, pupils follow a core curriculum which supports learning as well as reintegration into a new mainstream setting.

Where appropriate, Alternative Provision is provided for students which is target based so pupils have the opportunity to focus on barriers to learning.

Within KS3, all students follow a core curriculum which consists of the following:

- English
- Maths
- Science
- Digital Skills
- Food
- Sport
- Personal Development
- Citizenship
- Team Building
- Art
- Vocational Course Tasters
- Our World (Humanities)
- Life Skills

KEY STAGE 3 LESSON ALLOCATION:

Subject	Allocation
English	4
Maths	4
Science	3
Food	2
Sport	2
Personal Development	2
Art	2
Team Building	1
Our World (Humanities Project)	1
Vocational Pathway 1 - Hair and Beauty	1
Vocational Pathway 2 - Trades and Upcycling	1
Vocational Pathway 3 - Life/ Learning Skills	1
D of E	1

ACCESS TO, IF NEEDED:

AP/ Therapeutic Input

Alternative Provision (AP):

- RAW
- Reading FC
- Path Hill
- Berkshire College of Agriculture
- ReadiPop
- SATRO
- Storyy Group

Therapeutic Input (ILP's)

- Speech and Language Therapy
- Sensory Circuit
- Hand Massage
- Canine Therapy

KS4 CURRICULUM

Within Key Stage 4, pupils follow a core curriculum which supports examination preparation as well as reintegration into mainstream settings. Where appropriate, Alternative Provision is provided to support pupils pastorally, as well as academically.

Within KS4, all students follow a core curriculum which consists of the following:

- English (GCSE and Functional Skills)
- Maths (GCSE and Functional Skills)
- Science (GCSE and AQA Unit Awards)
- Digital Skills (Level 1 and 2)
- Food
- Art (GCSE and Awards)
- Option (Hair/Beauty, Trades and Life Skills)
- Sport (Core)
- Personal Development
- Duke of Edinburgh Award (Bronze)

Sub divided within Core subjects is a VIG pathway: Vocational, ILP and GCSE. Student pathways are determined by departmental data analysis and CAT4 results. Each core subject offers a differentiated learning journey, so that all pupils can work towards their personalised academic goals.

In addition to the curriculum offer, all pupils within Key Stage 4 follow the Cranbury College Certificate of Excellence Programme. This consists of a variety of vocational qualifications which are selected based on the needs of the learners, cultural capital and personal interests. Each term consists of a new topic which provides students with the opportunity to gain certification with exam boards such as ASDAN, NCFE and AQA.

KEY STAGE 4 LESSON ALLOCATION:

Subject	Allocation
English	4
Maths	4
Science	3
Sport	2
Food (compulsory)	2
Art	2
Vocational Pathway 1 - Hair and Beauty	2
Vocational Pathway 2 - Trades and Upcycling	2
Vocational Pathway 3 - Life Skills	2
Personal Development	1
Digital Skills	1
D of E	1

ACCESS TO, IF NEEDED:

AP/ Therapeutic Input

Alternative Provision (AP):

- RAW
- Reading FC
- Path Hill
- Berkshire College of Agriculture
- ReadiPop
- SATRO
- Storyy Group

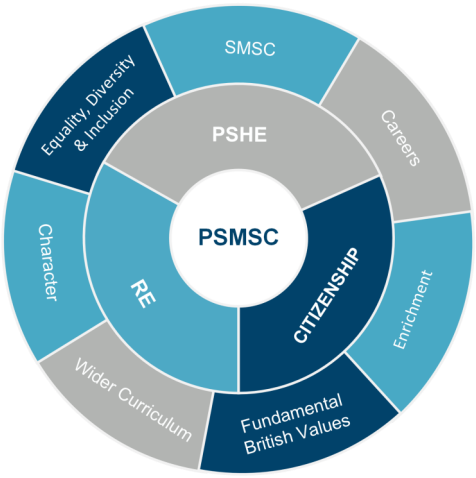
Therapeutic Input (ILP's)

- Speech and Language Therapy
- Sensory Circuit
- Hand Massage
- Canine Therapy

PERSONAL DEVELOPMENT

Running through all of our curriculum, including the pastoral curriculum, are strands of Personal, Social, Moral, Spiritual and Cultural education (PSMSC) which cover themes such as:

- Emotional Wellbeing
- Citizen and Community
- Careers, Work Experience and Work-Related Learning
- British Values
- Personal Health
- Relationships and Sex Education
- Risk and Safety



PSMSC is primarily delivered through timetabled Personal Development lessons supported by the tutor programme and external visitors and agencies.

Maiden Erlegh Institute
EXTERNAL TRAINING

We are aware that training can sometimes be more powerful when delivered by an external provider. We have an array of topics that we could support you with.

Examples can be seen below:

- Therapeutic Strategies
- Behaviour Support Strategies
- How to work 1:1 with students (successful Key Working)
- De-escalating Challenging Behaviour
- Context and understanding behaviour (ACE's, safeguarding the most vulnerable)

We can offer training based on your needs; examples are given above. Pricing is dependent on size of cohort, allocated training times, and transport.

We can offer bespoke training on site and off site, so please contact us directly to discuss your training needs via **MEIOffice@maidenerleghtrust.org**.

OVERVIEW OF CHARGES

OUTREACH SUPPORT

Outreach Support	Secondary Specialist Support	Primary Engaged	Primary Reset	Bespoke Agreement
Total Cost	£75.00 p/ hour	£60.00 p/ hour	£25.00 p/ 45 mins	TBA

INTERVENTION WORKSHOPS

Intervention Workshops	Re-Engagement Workshop 1	Re-Engagement Workshop 2	Re-Engagement Workshop 3
Workshop	*Anger Management & School Expectations*	*Healthy Relationships & Re-Engagement*	*Conflict Management & Risk Taking*
Timings	**Every Monday** 2:00pm - 3:30pm	**Every Wednesday** 2:00pm - 3:30pm	**Every Friday** 2:00pm - 3:30pm
Session per week	x2 - 45 mins	x2 - 45 mins	x2 - 45 mins
Total sessions (6-week block)	12 (£25.00 p/session)	12 (£25.00 p/session)	12 (£25.00 p/session)
Total Cost	£300.00	£300.00	£300.00

TUTORING

Tutoring	Total Cost
1:1 Session	£75.00 p/hour
Medical Tutoring	£55.00 p/hour

EXTERNAL TRAINING

External Training	Bespoke Packages
Total Cost	TBA

CRANBURY SITES

PRIMARY SITE

ADDRESS:

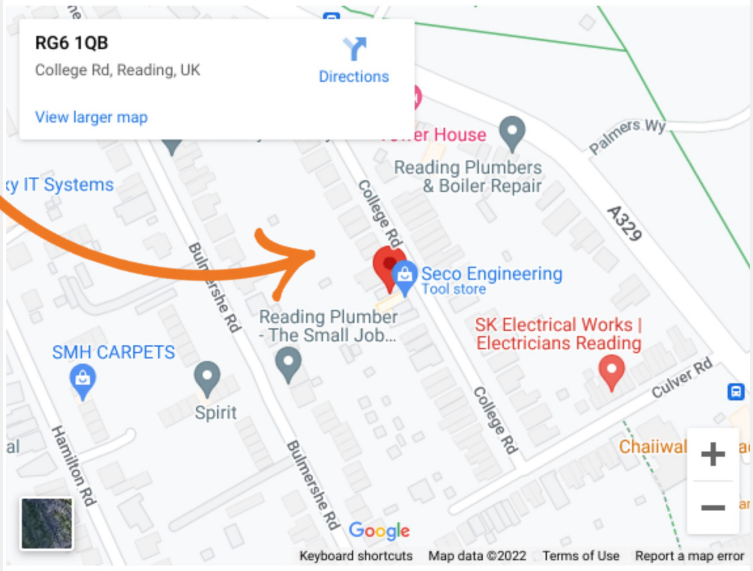
Cranbury College (Primary)
28 College Road,
Reading, RG6 1QB

EMAIL ADDRESS:

cc-adminteam@maidenerleghtrust.org

TELEPHONE:

0118 937 6847
Option 1



SECONDARY SITE

ADDRESS:

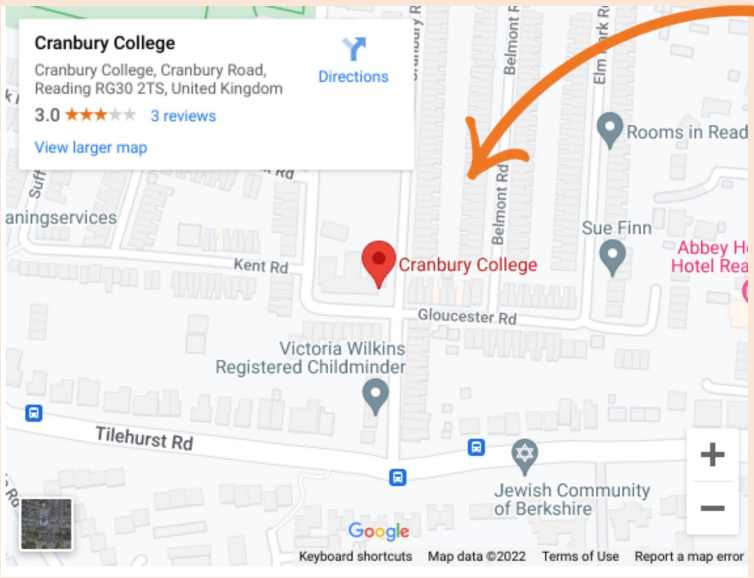
Cranbury College (Secondary)
Cranbury Road
Reading, RG30 2TS

EMAIL ADDRESS:

cc-adminteam@maidenerleghtrust.org

TELEPHONE:

0118 937 6847
Option 2



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