

22 November 2024

Dear Parents/Carers

Personal Development at Cranbury College

As part of your child's curriculum at Cranbury College, they have a timetabled lesson a week where they focus on Personal Development. At Cranbury College we believe these lessons enable our students to develop the knowledge, skills and attributes they need to manage their lives, now and in the future. This ranges from making informed decisions about healthy relationships to managing their money. Our intention is to provide our students with an understanding of themselves and others, to manage their wellbeing, to ensure they can build and sustain healthy relationships, and to understand how they will change and develop. All students have the opportunity to participate in a Relationships and Sex Education programme as part of this learning. Personal Development lessons will help students by preparing them for an adult life in which they can:

- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour.
- Be aware of their sexuality and understand and respect all human sexuality.
- Have the confidence and self-esteem to value themselves and others and to respect individual conscience, and the skills to judge what kind of relationships they want.
- Understand the arguments for delaying sexual activity.
- Understand the consequences of their actions and how to behave responsibly within sexual and other social relationships.
- Communicate effectively; have sufficient information and skills to protect themselves and, where they have one, their partner from unintended/unwanted conceptions, and sexually transmitted infections including HIV.
- Understand the reasons for having safe sex.
- Avoid being exploited or exploiting others.
- Be aware of the dangers of social media for exploitation and sexting.
- Avoid being pressured into unwanted or unprotected sex.
- Access confidential sexual health advice, support and, if necessary, treatment.
- Know how the law applies to sexual relationships.

RSE is taught by a team of committed teachers who meet regularly to review the programme and to update resources. The teaching staff concerned with the delivery of sex education empathise with the policy, have a sympathetic approach and the necessary personal skills. If you would like to see specifically what your child will be focusing on in their year group, please see our curriculum map [on our website](#).



Parents have the right to request that their child be withdrawn from some or all of the sex education delivered as part of statutory RSE. Except in exceptional circumstances, the school will respect the parents' request to withdraw the child, up to and until three terms before the child turns 16. After that point, if the child wishes to receive sex education rather than be withdrawn, the school will make arrangements to provide the child with sex education during one of those terms. There is no right to withdraw from Relationships Education or Health Education.

If parents wish to exercise their right to withdraw their child from RSE, they should inform the Headteacher in writing. If a student is excused from sex education, the school will ensure that the student receives appropriate, purposeful education during the period of withdrawal.

We welcome any feedback or questions on our Personal Development Curriculum. Please call us on our main line of 0118 9376847 and we will happily discuss these with you. We also update parents/carers throughout the year of what our students will be focusing on and have been learning in our sessions in our regular newsletters, so please keep an eye out for these.

Thank you for your continued support.



Charlotte Baggley
Deputy Headteacher

