

Curriculum Map - Personal, Spiritual, Moral, Social and Cultural (PSMSCE) Education

	Year 7	Year 8	Year 9	Year 10	Year 11
Term 1	<p>Me and my Identity Influences on identity What is it to be unique British identity and values Peer Pressure and belonging My Online Identity Online Safety – Rules</p> <p>Understanding Stereotypes, Prejudice and Discrimination Challenging discrimination and bullying</p> <p>The Structure of our Government</p>	<p>Family Family's influence and expectations Managing expectations First impressions,</p> <p>Faiths and Beliefs Britain as a multicultural society Race, Religion and Multicultural Britain Hate incidents/crimes Benefits of multiculturalism</p> <p>Social Injustice and Social Inequality Bullying and how to combat it Self-Awareness Banter/positive language</p> <p>Understanding the cabinet</p> <p>Media How to identify fake news</p>	<p>Relationships Friendships Peer Approval Intimate relationships Accessing support and advice</p> <p>Self-Identity Social Groups Social Media/Risk Social risks – gangs, drugs, sex Positive/negative self-identity Positive identity and positive relationships</p> <p>Consent and the Law</p> <p>Prejudice and Discrimination Equalities Act</p> <p>Bullying and LBGTQ+</p> <p>The Law and the Justice System</p>	<p>Human Rights and the Equality Act</p> <p>Grief and Loss Physical and mental responses to grief How to get support with grief</p> <p>Risk in Real Life and Online Online identity Netiquette On line data use The Laws – Online</p> <p>Financial Terms Financial risk and how to mitigate Financial Fraud – (Money mulling)</p> <p>Equity in the Workplace Equalities Act</p> <p>Multiculturalism, Society and Inequality Benefits of Multiculturalism</p> <p>Different Relationships and Impact Power/change in relationships Coercive control - Physical/Mental</p>	<p>Relationships and the Law Unacceptable behaviours Coercive, DV, HBV, FM Law and why age limits.</p> <p>Use of Drugs in Relationships</p> <p>Confusion between Love and Abuse</p> <p>Being an Internet Citizen and the Law Illegal online activity Consequences of viewing pornography</p> <p>Keeping Yourself and Others Safe in an Emergency Situation</p> <p>Managing Anxieties and Lifestyle Choices</p> <p>Finances- how to Budget and Avoid Debt.</p> <p>Consequences of Gambling and Debt</p>

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	Year 7	Year 8	Year 9	Year 10	Year 11
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<p>Term 2</p>	<p>My Dreams and Goals Risk/strategy Coping Strategies Blame Managing setbacks Making Choices/influences Responsible/irresponsible Risks – Gambling</p> <p>Anxiety and Stress Signs Strategies to combat</p> <p>Healthy Choices Positive Impact of healthy eating, sleep, Physical exercise What are vaccines Medication safety</p> <p>Understanding Substances Harmful substances /drug classification Why people choose to use substances Law and substances</p>	<p>My Long-Term Goals How these might change Digital footprint – Online identity can affect job/ goals/dreams</p> <p>Value of Money Different relationships and money Financial decisions Good debt/bad debt Money and Earnings Earning of people in the UK Budget management World Poverty</p> <p>Managing Stress Combat stressful situations</p> <p>Me and My Health Dimensions of wellness Long term physical wellness Oral Hygiene Diseases/vaccinations/Antibiotics</p> <p>Substance use and Misuse Law around substance misuse and possession Role of substance misuse in CCE and county lines, money mulling Avoidance</p>	<p>My Plans and Goals SMART Targets Living in the moment</p> <p>Mental Health, Self esteem What is mental Health? Resilience/help Factors/media manipulation Social Media & Mental Health</p> <p>Substances Substance use and misuse Law around substance misuse and possession Support plans for how to get help information</p> <p>Grooming and Exploitation (Radicalisation, CCE)</p> <p>Knife Crime Taboo</p> <p>FGM, Breast Ironing and Honour Based Abuse</p> <p>Being a Good Citizen Contributing to Society/First Aid including drug/alcohol poisoning</p>	<p>Mental/Physical Health Balance Wheel of life</p> <p>Digital Footprint Online identity can affect job/ goals/dreams</p> <p>Health MOT Checking your bits Detriments to health Protecting my health Substances and the body Prescribed drugs Mental Health disorders Who can help Nature and Mental Health Diseases, Stem cell therapy Organ donation STI's & Treatments Sex – Consent, choice, pressure, support</p> <p>Being an adult, relationship Law, legal status and Law Unacceptable behaviours - Coercive, DV, HBV,FM</p>	<p>Jobs and Aspirations Skills for the future Employment opportunities My Job Plan</p> <p>Relationships Parenting when and why. Recognising and managing stress levels Healthy Choices Positive Impact of healthy eating, sleep, Physical exercise</p> <p>Personal Hygiene and Health STI's Self-examination</p> <p>Dealing with Pressure in Relationships, coercion consent, Rape Consent Law Having Children, Contraception, fertility, feelings about having children</p>
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Term 3	<p>Relationship & Changes How to build positive relationships and Consent Supportive relationships Conflict & Discernment Managing conflict in friendship groups Discernment and the media Assertiveness in Relationships Aggressive, assertive, passive Consent to use social media Assertive action against sexting Puberty Changing body</p> <p>Having a Baby Conception and development Feelings and choices around having a baby Babies and responsibilities</p> <p>How Media can Impact Self-Esteem/Body Image Strategies to build self esteem Emotional changes during puberty</p>	<p>Relationships with yourself/social media Positive/ stable relationships</p> <p>Personal Space and culture Using social media Safety and the Law</p> <p>Coercion in Relationships What is unhealthy, Power balance Where to access support Intimate relationships And feelings associated</p> <p>Romantic Relationships Positive Behaviours in relationships Feelings and attraction Sexuality and feelings</p> <p>Pornography/Reality</p> <p>Risk Behaviour specifically around Alcohol/Sex The Law</p>	<p>Mental Health and Emotions Stigma & Mental Health How to Support or access support Change and Resilience Sleep – Facts Importance for mental/physical health</p> <p>Power and Assertiveness Equality in relationships Understanding choice and saying “no” Assertiveness skills in a relationship</p> <p>Consent and Law</p> <p>CSE</p> <p>Online sexual grooming Sexting Where to access help Pornography/ Reality ideal bodies/low self esteem</p> <p>Law – Online & Social Media Contraception and consequences Sexual Health Informed decisions/help Law</p>	<p>Teen Violence</p> <p>Healthy Relationships & Connections</p> <p>Gender & Sexual Identity</p> <p>Pregnancy and Abortion</p> <p>Love and Loss</p> <p>Changes- Physical, Emotional & Society</p>	<p>Intimate Relationships</p> <p>Diverse Relationships</p> <p>Power in Relationships</p> <p>Safe Relationships</p>

Curriculum Design for PSMSC at Cranbury College

At Cranbury College we believe, PSMSC education enables students to develop the knowledge, skills and attributes they need to manage their lives, now and in the future. This ranges from making informed decisions about healthy relationships to managing their money. Our intent is to provide our students with an understanding of themselves and others, to manage their wellbeing, to ensure they can build and sustain healthy relationships, and to understand how they will change and develop. PSMSC lessons at Cranbury College cover the British Values of Democracy, Rule of Law, Tolerance of different cultures and religions, Mutual Respect, and Individual Liberty.